



SOUPS CUP/BOWL

Everyday: Tomato Soup **4/7**

Mon & Tues:
Spicy Chicken Tortilla **6/9**

Wed & Thurs: Vegetable Soup **5/8**

Fri & Sat:
Clam Chowder **6/9**

SALADS

OUR SALADS ARE TOSSED IN THEIR DRESSINGS
ADD GRILLED CHICKEN OR SEARED TOFU **+\$5.00**
ADD CRAB CAKES **+\$10.00**
ADD PAN SEARED SALMON OR PRAWNS **+\$10.00**

Z HOUSE SALAD
organic field greens, cherry tomatoes,
pumpkin seeds, parmesan cheese
tossed in a scratch made dijon-
balsamic vinaigrette **9**

CAESAR SALAD
romaine hearts, parmesan cheese,
anchovy fillets, ciabatta garlic
croutons **10**

APPLE WALNUT SALAD
romaine hearts, Fuji apple slices,
blue cheese crumbles, glazed
walnuts, raspberry vinaigrette **10**

APPETIZERS

TARRAGON CRAB CAKES
lightly seared blue crab meat, garlic,
lemon juice and tarragon aioli **13**

BOCCONCINI BRUSCHETTA
Roma tomatoes marinated in olive oil
& balsamic vinegar, topped with basil,
mozzarella cheese and garlic **9**

Z HOUSE RIBS
Four tea-smoked, dry-rubbed, St
Louis cut pork ribs with barbecue
sauce **13**

GARLIC PRAWNS
Six tiger prawns sauteed in garlic white
wine sauce, paprika (mild) or chipotle
(spicy), grilled ciabatta bread **14**
extra chipotle sauce +\$1.00

SANDWICHES

INCLUDE A CHOICE OF:
FRENCH FRIES** OR HOUSE SALAD OR FRESH FRUITS
****substitute chipotle, garlic or sweet potato fries +\$1.00**
substitute gluten free sandwich bread +\$2.00

GRILLED CHICKEN WITH CARAMELIZED ONIONS
grilled chicken breast, cheddar cheese, almond-tomato
tapenade, dijon mustard on Semifreddi's sourdough
bread **13**

TURKEY APPLE BRIE
Fuji apple slices, flash-pickled red onions, spinach,
house lemon sauce on Semifreddi's rosemary
focaccia **13**

PANINI CHICKEN CAPRESE
grilled chicken breast, mozzarella, house dried
tomatoes, and pesto sauce on Semifreddi's rosemary
focaccia **13**

MEMPHIS STYLE PULLED PORK
house "secret" braised seasoned pork, crispy onions
on Semifreddi's challah bun, side of barbecue sauce
and pickles **14**

TUNA MELT ON RYE
capers, celery, basil, tomato slice, lettuce, jack cheese,
mayo on grilled rye **14**
recommended add avocado +\$3.00

TURKEY CLUB
roast turkey breast slices, bacon, lettuce, tomato and
mayo on focaccia **13**

BLT WITH FRIED GREEN TOMATOES
bacon, lettuce, fried green tomatoes, chipotle aioli on
Semifreddi's rosemary focaccia **12**

CRAB SALAD SANDWICH
blue crab meat, celery, red onions, jack cheese,
avocado on grilled Semifreddi's sourdough bread **17**

ROCKY CHICKEN BURGER
flame grilled chicken patty, lemon zest, cheddar
cheese, red onion, lettuce, tomato and chipotle aioli
on Semifreddi's challah bun **14**

GRILLED CHEESE SANDWICH
sharp cheddar on Semifreddi's sourdough bread
Grilled Cheese + Tomato Soup + House Salad **12**
+\$1.00 for every substitution

Grilled Cheese + French fries **9**



LOCALLY BAKED BREAD
Delivered daily



FREE RANGE ORGANIC
Delivered daily



ALWAYS FRESH
Delivered daily

18% recommended gratuity will be added to parties of 8 or more
for parties, office celebrations and other events call Mehdi at 510.451.2905
2735 Broadway Oakland CA 94612 510.451.2905 zcafeandbar.com
our menu is subject to change without notice

Only one check per table/ party
Split Plate charge \$2.00



GLUTEN FREE



VEGAN



CONTAINS NUTS

BURGERS FLAME GRILLED

INCLUDE A CHOICE OF:

FRENCH FRIES** OR HOUSE SALAD OR FRESH FRUITS

**substitute chipotle, garlic or sweet potato fries +\$1.00
substitute gluten free sandwich bread +\$2.00

ADD CHEESE & FIXINGS

CHEDDAR, SWISS, JACK, BLUE +\$1.50 each

JALAPENOS, MUSHROOMS +\$1.50

BACON +\$2.00

AVOCADO +\$3.00

Z BURGER

flame grilled 8 oz premium ground beef on Semifreddi's challah bun with sides of lettuce, tomato, red onion and pickle **14**

CATTLE BURGER

Z burger + cheddar cheese, crispy onions, & barbecue sauce **16**

THE ROBINSON

Z burger + sauteed mushroom and swiss cheese **16**

BACON CHEESEBURGER

Z burger + bacon and cheddar cheese **16.5**

BUNLESS BEEF BURGER

flame grilled 8 oz premium ground beef with sides of lettuce, tomato, red onion and pickle **13**

BUNLESS VEGAN BURGER & AVOCADO

Scratch-made vegan patty made with black beans, chickpea, carrots & rolled oats, topped with avocado slices served with side of vegan mayo, lettuce, tomato, red onion, pickle **14**

add mushrooms or grilled onions +\$1.50

BLACK BEAN VEGAN BURGER

Scratch-made vegan patty made with black beans, chickpea, carrots & rolled oats served on foccacia bread with a side of vegan mayo, lettuce, tomato, red onion, pickle **13**

ENTREES

DAILY SPECIAL

Fresh ingredients of the day. Ask your server **AQ**

BLACKENED TILAPIA

white fish blackened with spices, topped with avocado salsa, served with basmati rice, sauteed vegetables **18**

CHICKEN PICCATA

battered chicken breast, panko, italian seasoning, lemon sauce, capers, garlic mashed potatoes **16**

BLACKENED CHICKEN ALFREDO PASTA

spice-dusted, blackened chicken breast with fettuccine pasta, white cream sauce, mushrooms, garlic and a mix of shallots and red bell peppers, topped with parmesan cheese **18**

extra sauce +\$3.00

MISSISSIPPI POT ROAST

beef braised at low temperature with dried house spices and pepperoncini served with garlic mashed potatoes **18**

GRILLED GLAZED SALMON

honey-dijon glaze served with basmati rice and sauteed vegetables **22**

LOBSTER RAVIOLI

white wine cream sauce, red bell peppers, mushrooms and shallots **18**

WHITE MAC & CHEESE

penne rigste pasta, aged sharp white cheddar, parmesan, milk, cream, house seasoned roux, toasted panko **11**

add bacon or crumbled blue cheese +\$2.00

FRIES & SIDES

FRENCH FRIES

Fried crisp and lightly salted **5**

Chipotle Fries **6**

Garlic Fries **6**

SWEET POTATO FRIES

Fried crisp & lightly salted **6**

GARLIC MASHED POTATOES

Idaho potatoes, boiled and whipped with garlic, milk and butter **6**

BOWL OF RICE

Steamed basmati rice **3**

SAUTEED FLAT LEAF SPINACH

Sauteed with garlic **6**

SAUTEED VEGETABLES

Sauteed with garlic **6**

FRUIT BOWL

Chopped seasonal fruits **6**

SIDE GRILLED BREAD

Lightly buttered and grilled Semifreddi's ciabatta bread **3**



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