

DAILY  
MONDAY -FRIDAY  
11AM TO 7PM

## SOUPS

CUP/ BOWL

Everyday: **GF**

Tomato Soup **4/7**

Spicy Chicken Tortilla **6/9**

**15% DISCOUNT ON PICK UP  
FOOD UNTIL MAY 31ST 2020.**

OPTION OF CURBSIDE PICK UP.  
PLACE YOUR ORDER IN PERSON OR  
CALL 510.451.2905

## SALADS

OUR SALADS ARE TOSSED IN THEIR DRESSINGS

ADD GRILLED CHICKEN OR SEARED TOFU **+\$5.00**

ADD CRAB CAKES **+\$10.00**

ADD PAN SEARED SALMON OR PRAWNS **+\$10.00**

### Z HOUSE SALAD **GF**

organic field greens, cherry tomatoes,  
pumpkin seeds, parmesan cheese  
tossed in a scratch made dijon-  
balsamic vinaigrette **9**

### CAESAR SALAD

romaine hearts, parmesan cheese,  
anchovy fillets, ciabatta garlic  
croutons **10**

### APPLE WALNUT SALAD **GF**

romaine hearts, Fuji apple slices,  
blue cheese crumbles, glazed  
walnuts, raspberry vinaigrette **10**

## APPETIZERS

### TARRAGON CRAB CAKES

lightly seared blue crab meat,  
garlic, lemon juice and tarragon  
aioli **13**

### Z HOUSE RIBS **GF**

Four tea-smoked, dry-rubbed,  
St Louis cut pork ribs with  
barbecue sauce **13**

### HOT WINGS

breaded wings tossed in hot sauce  
mix served with blue cheese sauce  
and celery sticks. **11**

### GARLIC PRAWNS

Six prawns sauteed in garlic white  
wine sauce, paprika (mild) or  
chipotle (spicy), grilled ciabatta  
bread **14**  
**extra chipotle sauce +\$1.00**

### ONION RINGS

beer battered Vidalia rings, fried  
crispy and served with ranch  
dressing **7**

## BURGERS FLAME GRILLED

INCLUDE A CHOICE OF:

FRENCH FRIES\*\* OR HOUSE SALAD OR FRESH FRUITS

**\*\*substitute chipotle, garlic or sweet potato fries +\$1.00**

**substitute gluten free sandwich bread +\$2.00**

ADD CHEESE & FIXINGS

CHEDDAR, SWISS, JACK, BLUE **+\$1.50 each**

JALAPENOS, MUSHROOMS **+\$1.50**

BACON **+\$2.00**

AVOCADO **+\$3.00**

### Z BURGER

**flame grilled** 8 oz premium ground beef on Semifreddi's  
challah bun with sides of lettuce, tomato, red onion and  
pickle **14**

### CATTLE BURGER

Z burger + cheddar cheese, crispy onions, & barbecue  
sauce **16**

### THE ROBINSON

Z burger + sauteed mushroom and swiss cheese **16**

### BACON CHEESEBURGER

Z burger + bacon and cheddar cheese **16.5**

### BUNLESS BEEF BURGER **GF**

**flame grilled** 8 oz premium ground beef with  
sides of lettuce, tomato, red onion and pickle **13**

### BUNLESS VEGAN BURGER & AVOCADO **V**

Scratch-made vegan patty made with black beans,  
chickpea, carrots & rolled oats, topped with  
avocado slices served with side of vegan mayo,  
lettuce, tomato, red onion, pickle **14**  
**add mushrooms or grilled onions +\$1.50**

### BLACK BEAN VEGAN BURGER **V**

Scratch-made vegan patty made with black beans,  
chickpea, carrots & rolled oats served on foccacia  
bread with a side of vegan mayo, lettuce, tomato,  
red onion, pickle **13**



LOCALLY BAKED BREAD  
Delivered daily



FREE RANGE ORGANIC  
Delivered daily



ALWAYS FRESH  
Delivered daily





ENTREES

DAILY SPECIAL

Fresh ingredients of the day. Ask your server **AQ**

BLACKENED TILAPIA

white fish blackened with spices, topped with avocado salsa, served with basmati rice, sauteed vegetables **18**

CHICKEN PICCATA

battered chicken breast, panko, italian seasoning, lemon sauce, capers, garlic mashed potatoes **16**

BLACKENED CHICKEN ALFREDO PASTA

spice-dusted, blackened chicken breast with fettuccine pasta, white cream sauce, mushrooms, garlic and a mix of shallots and red bell peppers, parmesan cheese **18**  
extra sauce **+\$3.00**

GRILLED GLAZED SALMON

honey-dijon glaze served with basmati rice and sauteed vegetables **22**

LOBSTER RAVIOLI

white wine cream sauce, red bell peppers, mushrooms and shallots **18**

WHITE MAC & CHEESE

penne rigste pasta, aged sharp white cheddar, parmesan, milk, cream, house seasoned roux, toasted panko **11**  
add bacon or crumbled blue cheese **+\$2.00**

BLACKPEPPER TOFU

stir fried tofu mixed with shallots, ginger, chiles, garlic, fresh ground black pepper and soy sauce served with steamed basmati rice **13**

SANDWICHES

INCLUDE A CHOICE OF:

FRENCH FRIES\*\* OR HOUSE SALAD OR FRESH FRUITS

\*\*substitute chipotle, garlic or sweet potato fries **+\$1.00**  
substitute gluten free sandwich bread **+\$2.00**

GRILLED CHICKEN WITH CARAMELIZED ONIONS

grilled chicken breast, cheddar cheese, almond-tomato tapenade, dijon mustard on Semifreddi's sourdough bread **13**

PANINI CHICKEN CAPREASE

grilled chicken breast, mozzarella, house dried tomatoes and pesto sauce of Semifreddi's rosemary focaccia **13**

ROCKY CHICKEN BURGER

flame grilled chicken patty, lemon zest, cheddar cheese, red onion, lettuce, tomato and chipotle aioli on Semifreddi's challah bun **14**

TUNA MELT SANDWICH ON RYE

capers, celery, basil, tomato slice, lettuce, jack cheese, mayo on grilled rye **14**  
recommended add avocado **+\$3.00**

TURKEY CLUB

roast turkey breast slices, bacon, lettuce, tomato and mayo on Semifreddi's rosemary focaccia **13**

CRAB SALAD SANDWICH

blue crab meat, celery, red onions, jack cheese, avocado on grilled Semifreddi's sourdough bread **17**

GRILLED CHEESE SANDWICH

Sharp cheddar on Semifreddi's sourdough bread

Grilled Cheese + Tomato Soup + House Salad **12**  
**+\$1.00 for every substitution**

Grilled Cheese + French Fries **9**

FRIES & SIDES

FRENCH FRIES

Fried crisp and lightly salted **5**  
Chipotle Fries **6**  
Garlic Fries **6**

SWEET POTATO FRIES

Fried crisp & lightly salted **6**

GARLIC MASHED POTATOES

Idaho potatoes, boiled and whipped with garlic, milk and butter **6**

BOWL OF RICE

Steamed basmati rice **3**

SAUTEED VEGETABLES

Sauteed with garlic **6**

FRUIT BOWL

Chopped seasonal fruits **6**

SIDE GRILLED BREAD

Lightly buttered and grilled Semifreddi's ciabatta bread **3**